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JUICES

Seasonal apple juice 6	Orange 6	Tomato 6
Beetroot 6	Pineapple 6	Pear 6
Cranberry 6	Pink grapefruit 6	Clementine 6

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WHOLE LEAF TEA AND INFUSIONS

Black Tea	Green Tea	White Tea
<i>Tea for Heroes English Breakfast 4.5</i>	<i>Emerald Green 6.5</i>	<i>Jasmine Silver Tip 6.5</i>
<i>Earl Grey 6.5</i>	<i>Nepalese Himalayan Spring 6.5</i>	
<i>Emperor's Breakfast 6.5</i>		Oolong Tea
<i>Cloud Tea 6.5</i>	<i>Herbal Infusion from our trolley 4.5</i>	<i>Waikato Oolong 6.5</i>

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COFFEE

Espresso 3.95	Macchiato 3.95	Cappuccino 4.5
Double espresso 4.5	Double macchiato 4.5	Flat white 4.5
Americano 4.5	Cafè latte 4.5	Filter coffee 4.5

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BUFFET 30

A selection of charcuterie & pickles	Cereal	Bread selection
	<i>Bircher muesli</i>	Farmhouse cheeses
	<i>Homemade granola</i>	Choice of hot beverages
Viennoiserie	<i>Dorset Cereals</i>	<i>Coffee or tea</i>
<i>Selection of croissants, pastries, muffins</i>	<i>Cereals from well-loved brands</i>	Selection of fresh juices
Seasonal fruits	A selection of yoghurts from Dorset	

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SAVOURIES

The Betterment full English breakfast 25	Scottish lobster, scrambled eggs, lobster bisque, truffle 18	SANDWICHES
	Feta & pistachio dip, sourdough soldiers 12	Dingley Dell smoked bacon 8
Severn & Wye smoked salmon & scrambled eggs on English muffin 18	Baked eggs with English chorizo, Dorset yoghurt, red pepper 16	Dingley Dell pork Cumberland sausage 8
		Clarence Court fried egg 8

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WELLNESS

Chia seed yoghurt, strawberry & toasted almonds 12	Super seeds & oats Bircher muesli, Kentish raspberries, blueberries 12	Williams pear, Dorset yoghurt, pistachio, London honey 8
Brazilian acai purée, mixed seed granola, Granny Smith apple 14	Breakfast quesadilla, feta, spinach, guacamole, tomato salsa 12	Varieties of oranges & grapefruit, Dorset yoghurt, seeds 8
Coconut yoghurt, grué de cacao granola, malt loaf 14	Feta & vegetable French toast, poached egg 12	Banana buckwheat loaf, banana jam, walnuts 8

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*For those with special dietary requirements or allergies who may wish to know  
about the food ingredients used, please ask a member of staff.  
A 12.5% discretionary service charge will be added to your bill.*